

# Carni - Meat

## Ai ferri - Steaks

All served with hand cut chips, salad bowl or seasonal steamed vegetables

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|-----------------------|-------|
| GRILLED SIRLOIN (8oz) | 17.95 |
| GRILLED FILLET (8oz)  | 20.95 |
| GRILLED RIBEYE (8oz)  | 17.95 |

All steaks served with pan fried mushrooms, cherry tomatoes & fried onions or a choice of sauce  
Diana, Porcini, Peppercorn, Rossini, Calabrese, (Surf n Turf 23.95)

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| FILLET STEAK PRIMO PIANO                                                                     | 20.95 |
| Medalions of fillet steak , dolcelatte cheese, topped with rocket & olive oil lemon dressing |       |

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| AGNELLO SCOTTADITO - LAMB CHOPS                                                            | 15.95 |
| Marinated in mixed herbs & olive oil, grilled & served on roasted mediterranean vegetables |       |

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| TAGLIATA DI MANZO                                                                              | 16.95 |
| Grilled sirloin steak, sliced & garnished with rocket, parmesan shavings, olive oil & balsamic |       |

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| SCALOPPINE DI FUNGHI                                                      | 14.95 |
| Veal escalopes pan seared, porcini mushrooms, white wine, cream & parsley |       |

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| SALTIMBOCCA ALLA ROMANA                                                       | 14.95 |
| Veal escalopes, with parma ham, fresh sage, deglazed with butter & white wine |       |

## Side Dishes

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| PANCETTA, PEAS & ONIONS                                     | 2.95 |
| PATATINE                                                    | 2.95 |
| Hand cut chips                                              |      |
| PUNTE DI ASPARAGUS                                          | 3.95 |
| Steamed asparagus & lemon butter gratinated with parmesan   |      |
| INSALATA DI RUCOLA                                          | 2.95 |
| Rocket, cherry tomatoes, parmesan shavings & salad dressing |      |
| PURE DI PATATE                                              | 2.95 |
| Creamed mashed potato & pine nut pesto (N)                  |      |
| INSALATA DI POMODORO (V)                                    | 2.95 |
| Tomatoes,red onion, fresh oregano & basil with olive oil    |      |
| ANELLI DI CIPOLLA                                           | 3.25 |
| Homemade tempura onion rings                                |      |
| VEGETALI DEL GIORNO (V)                                     | 3.25 |
| Steamed seasonal vegetables                                 |      |

# Polli- Chicken

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| POLLO PANCETTA                                                | 12.95 |
| Chicken breast, pancetta, white wine, leeks, cream & parmesan |       |

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| POLLO TRICOLORE                                                            | 12.95 |
| Chicken breast topped with goats cheese, roast cherry tomatoes & pesto (N) |       |

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| POLLO CONDADINA                                                                                              | 13.95 |
| Chicken breast, cooked with artichokes, porcini mushrooms, sun-blushed tomatoes, finished with Madeira sauce |       |

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| POLLO PEPE                                                                  | 12.95 |
| Chicken breast, mixed peppercorns, French mustard, red wine, cream & brandy |       |

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| POLLO ORGANICO                                                     | 12.95 |
| Chicken breast, cherry tomatoes, garlic, mixed herbs, pinot grigio |       |

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| POLLO BBQ                                             | 12.95 |
| Chicken breast, sautéed onions, mushrooms & bbq sauce |       |

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| POLLO AGRODOLCE                                                                | 12.95 |
| Chicken breast, sautéed peppers, onions, tomato, sweet chilli served with rice |       |

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| POLLO PRIMO PIANO                                                        | 13.95 |
| Chicken breast , pancetta, porcini mushrooms, white wine, butter & herbs |       |

# Pesce - Fish

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| SPIGOLA ALL'ACQUA PAZZA                                                                                  | 13.95 |
| Fresh seabass fillets, with roasted cherry tomatoes, white wine, fish stock, garlic, parsley & olive oil |       |

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| GAMBERONI                                                                | 15.95 |
| 8 Succulent king prawns, garlic butter, white wine, fish stock & parsley |       |

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| SALMONE ADRIATICO                                                                                        | 15.95 |
| Fresh salmon fillet, roasted cherry tomatoes, tiger prawns, fresh asparagus with cream of lobster bisque |       |

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| SALMONE CON PANZANELLA                                                                    | 15.95 |
| Fresh salmon fillet, wrapped in parma ham, caper berries, on tuscany tomato & bread salad |       |

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| CODA DI ROSPO                                                                                | 16.95 |
| Fresh Scottish monkfish, fresh mussels, fresh clams, white wine, fish stock, cream & parsley |       |

\*Calabrese spreadable salami, contains pork meat & chilli  
(HP) Happy Hour Dishes    (N) Contains Nuts    (V) Vegetarian Dishes



# FOOD MENU

# Stuzzichini - Appetizers

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| HOMEMADE BREAD, OLIVES, OLIVE OIL & BALSAMIC VINEGAR (HP/V)                               | 3.95 |
| HOMEMADE BREAD, OLIVE OIL, BALSAMIC VINEGAR (V)                                           | 1.95 |
| MARINATED QUEEN OLIVES, CAPER BERRIES, ANCHOVIES, SUNBLUSHED TOMATO PESTO,CIABATTA        | 4.95 |
| INSALATA DI MARE                                                                          | 4.95 |
| Fresh squid, mussels, tiger prawns, north atlantic prawns, marinated in lemon & olive oil |      |

# Garlic Breads

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|----------------------------------------------|------|
| PLAIN (V)                                    | 2.95 |
| TOMATO & BASIL (V)                           | 3.50 |
| CHEESE                                       | 3.75 |
| FOCACCIA (V)                                 | 3.95 |
| Fresh rosemary , seasalt, rocket & olive oil |      |

# Cold Starters

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| INSALATA TRICOLORE                                                                               | 5.95                                           |
| Buffalo mozzarella, cherry tomatoes, pesto & fresh basil (N)                                     |                                                |
| ROCHER DI CAPRINO                                                                                | 6.25                                           |
| Parmesan crisps , whipped goats cheese & truffle honey                                           |                                                |
| COCKTAIL DI GAMERETTI                                                                            | 5.95                                           |
| North Atlantic prawns, classic marie rose , lemon & salad                                        |                                                |
| PATE                                                                                             | 4.95                                           |
| Smooth homemade chicken liver pate, hint of orange liqueur, toasted ciabatta & strawberry jam    |                                                |
| CARPACCIO                                                                                        | 7.95                                           |
| Fresh seasoned fillet steak thinly sliced on fresh rocket, venetian dressing & parmesan shavings |                                                |
| ANTIPASTO ITALIANO                                                                               | <div>for one7.95</div> <div>for two11.95</div> |
| Italian cured meats, buffalo mozzarella, roast vegetables & marinated olives                     |                                                |
| BRUSCHETTA CON GRANCHIO E AVOCADO                                                                | 6.95                                           |
| Fresh local crab, avocado & lime on toasted ciabatta                                             |                                                |
| INSALATA PRIMO PIANO (HP/V)                                                                      | 4.95                                           |
| Mixed leaves, tossed with roast Mediterranean vegetables                                         |                                                |
| BRUSCHETTA AL POMODORO (HP/V)                                                                    | 4.95                                           |
| Vine cherry tomatoes, olive oil, red onion, fresh oregano & basil on toasted ciabatta            |                                                |

# Hot Starters

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| ZUPPA DEL GIORNO (HP)                                                             | 3.95 |
| Soup of the day                                                                   |      |
| GAMBERONI                                                                         | 7.95 |
| 4 Succulent pan fried king prawns garlic butter, white wine & parsley             |      |
| POLPETTE                                                                          | 5.95 |
| (Pork & beef) meatballs in tomato, basil & pesto on toasted ciabatta (N)          |      |
| FUNGHI ALL`AGLIO (HP/V)                                                           | 4.95 |
| Sautéed mushrooms in garlic, white wine & butter parsley                          |      |
| CALAMARI FRITTI                                                                   | 7.95 |
| Fresh squid, dusted in semolina, deep fried, with roast garlic & lemon mayonnaise |      |
| COZZE PICCANTI                                                                    | 7.95 |
| Fresh steamed mussels, tomato, chilli & garlic                                    |      |
| COZZE VINO BIANCO E AGLIO                                                         | 7.95 |
| Fresh steamed mussels, white wine & garlic                                        |      |
| TORTINO DI GRANCHIO                                                               | 5.95 |
| Fresh local crab meat, bound in mashed potato & herbs, tartare sauce              |      |
| SPICCHI DI PATATE (HP)                                                            | 4.95 |
| Potato wedges, roast garlic mayonnaise or BBQ sauce                               |      |

# Pizza

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|---------------------------------------------------------------------------------------------------------------------------------------------|------|
| MARGHERITA (HP/V)                                                                                                                           | 6.95 |
| Classic tomato, mozzarella & fresh basil                                                                                                    |      |
| PROSCIUTTO E FUNGHI (HP)                                                                                                                    | 7.95 |
| Tomato, mozzarella, Italian ham & mushrooms                                                                                                 |      |
| CALABRESE                                                                                                                                   | 8.95 |
| White base with mozzarella, topped with nduja & saliciccia sausage                                                                          |      |
| PRIMAVERA (HP/V)                                                                                                                            | 7.95 |
| Tomato, mozzarella & roasted vegetables                                                                                                     |      |
| CALZONE VESUVIO (NEW) (HP)                                                                                                                  | 8.95 |
| Folded pizza, mozzarella & salami with a touch of tomato                                                                                    |      |
| CALZONE                                                                                                                                     | 8.95 |
| Folded pizza, tomato, mozzarella, Italian ham & mushrooms                                                                                   |      |
| MEZZA LUNA (NEW)                                                                                                                            | 9.95 |
| Two pizzas in one, Calzone & Pizza. Choose from four toppings below. Chicken, goats cheese, roast vegetables, salami, porcini & Italian ham |      |
| FOCACCIA PRIMO PIANO                                                                                                                        | 8.95 |
| White base with mozzarella, dolcelatte, field mushrooms & lemon rocket                                                                      |      |
| SALAMI (HP)                                                                                                                                 | 8.95 |
| Tomato, mozzarella & salami                                                                                                                 |      |

# Primi Piatti - Pasta

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|-------------------------------------------------------------------------------------------------------|-------|
| PENNE CALABRESE (HP)                                                                                  | 7.95  |
| Sautéed mushrooms, onions, nduja*, basil & touch of cream                                             |       |
| TAGLIATELLE ALFREDO                                                                                   | 8.95  |
| Authentic pine nut pesto, porcini mushrooms, chicken breast & cream (N)                               |       |
| RAVIOLI ARAGOSTA                                                                                      | 11.95 |
| Ravioli filled with lobster, cream, lobster bisque, fresh chilli & herbs                              |       |
| RAVIOLI SPINACI (HP/V)                                                                                | 9.95  |
| Ravioli filled with ricotta & spinach, butter & sage                                                  |       |
| TAGLIATELLE BOLOGNESE (HP)                                                                            | 7.95  |
| Homemade traditional bolognese sauce                                                                  |       |
| PENNE ARRABBIATA (HP/V)                                                                               | 7.95  |
| Tomato, garlic & fresh chilli                                                                         |       |
| SPAGHETTI CARBONARA (HP)                                                                              | 8.95  |
| Cream, pancetta, black pepper & parmesan                                                              |       |
| SPAGHETTI SCOGLIO                                                                                     | 13.95 |
| Fresh squid, mussels, clams, tiger prawns, white wine, garlic, fresh chilli & roasted cherry tomatoes |       |
| LINGUINE AL GRANCHIO                                                                                  | 11.95 |
| Fresh local crab meat, roasted cherry tomatoes with a touch of cream & herbs                          |       |
| PRIMAVERA (HP/V)                                                                                      | 7.95  |
| Roast Mediterranean vegetables, garlic & cherry tomatoes                                              |       |

# Al forno - Oven

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|--------------------------------------------------------------------------------|------|
| LASAGNE (HP)                                                                   | 8.95 |
| Fresh lasagne sheets, beef ragu, bechamel, tomato sauce, mozzarella & parmesan |      |
| GNOCCHI SORRENTINA                                                             | 8.95 |
| Potato dumplings, tomato sauce, mozzarella & parmesan                          |      |

# Risotti

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| RISOTTO FUNGHI                                                                                           | 8.95  |
| Sautéed porcini mushrooms, onions, cream, parmesan, white wine & truffle oil                             |       |
| RISOTTO MARE                                                                                             | 13.95 |
| Fresh squid, fresh mussels, tiger prawns, fresh clams, cherry tomatoes, white wine, garlic & fresh herbs |       |

Gluten free penne pasta available on all pasta dishes.  
Smaller portions on request (all) 6.95